

Hanukkah Resources

Hanukkah Sameach

Ready for eight nights of glowing candles, delicious latkes, and dreidel games galore? Hanukkah begins each year on the 25th day of Kislev. From there we have eight special nights to honor the miracle the Maccabees experienced as their one day of oil lasted for eight.

Whether you're doing something different each night, plan to join in with activities here at temple, or host a celebration at home, we're here to help bring light to your holiday. Visit [our calendar](#) at tedallas.org to learn more about our Hanukkah celebrations.

Hanukkah Blessings

For a Hanukkah Blessings [click here](#).

Shine the Light

Temple is always here to shine the light on the dark days of winter. Check out [The Blue Dove Foundation](#) for mental health resources for the season. Their "[Mental Health Menorah](#)" will help you stay grounded, build resilience and avoid burnout this holiday season.

Israeli Hanukkah Traditions

Learn about Israeli Hanukkah traditions and ways to add them to your celebrations [here](#).

Hanukkah Blessings

The first two blessings are offered each night:

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ לְהַדְלִיק נֵר שֶׁל חֲנֻכָּה.

Baruch ata, Adonai Ehloheinu, melech haolam, asher kid'shanu b'mitzvotav v'tzivanu l'had'lik ner shel Hanukkah.

Blessed are You, Adonai, our God, Ruler of the Universe, who has sanctified us with Your commandments and commanded us to kindle the lights of Hanukkah.

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם שֶׁעָשָׂה נִסִּים לְאַבוֹתֵינוּ בַּיָּמִים הָהֵם בְּזִמְנֵי הַזֶּה.

Baruch ata, Adonai Ehloheinu, melech haolam, sheasa nisim laavoteinu bayamim hahem baz'man hazeh.

Blessed are You, Adonai, our God, Ruler of the Universe, who performed miracles for our ancestors in days of old at this time of the year.

On the first night only:

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם שֶׁחַיָּנוּ וְקִיַּמָּנוּ וְהִגִּיעָנוּ לְזִמְנֵי הַזֶּה.

Baruch ata Adonai, Ehloheinu melech haolam, shehecheyanu v'kiyemanu v'higi'anu laz'man hazeh.

Blessed are you, Adonai, our God, Ruler of the Universe, who has kept us alive, sustained us, and enabled us to celebrate this season.

Hanukkah Traditions

Our Israeli sh'lichah, Aya Margalit, shares these Hanukkah traditions from communities in Israel. Consider adding them to your practice or let them inspire you to create new traditions.

Night 1: Gratitude

As we light the first candle, reflect on gratitude, which cultivates happiness, fosters relationships and helps us appreciate life's beauty. May we recognize and cherish our blessings. What are we grateful for this night?

Night 2: Empathy and Compassion

Tonight, we celebrate empathy and compassion. By putting ourselves in others' shoes, we build bridges of understanding and kindness. May our hearts be filled with love and concern for those around us.

Night 3: Courage and Resilience

On the third night, we honor courage and resilience. Facing challenges with bravery and perseverance inspires growth and strength. May we find the courage to overcome obstacles.

Night 4: Family and Community

As we light the fourth candle, cherish family and community. Nurturing relationships with love and support creates a sense of belonging. May our connections be strengthened.

Night 5: Kindness and Generosity

On the sixth night, we celebrate kindness and generosity. Spreading love, compassion and warmth brightens lives. May our actions inspire positivity.

Night 6: Self-Reflection and Growth

As we light the seventh candle, reflect on self-growth. Embracing self-awareness and improvement fosters wisdom and progress. May we strive for personal development.

Night 7: Joy and Appreciation

On the seventh night, we symbolize joy and appreciation! Embracing happiness and gratitude fills our hearts with love. May we bask in life's joy.

Night 8: Personal Reflection and Dedication

As we light the final candle, reflect on your personal journey. What value or lesson has resonated with you this Hanukkah? Create your own dedication, honoring the light's significance in your life.